**Parenting offer – what’s new in January 2023?**

Our Parenting Team continues to support parents and carers. From January 2023, we will offer Parent Support Programmes through virtual and face to face sessions.

**All Requests for Help to be received through the Early Help Hub.**

**Early Years (1-3)**

Being Passionate About Parenting Early Years (1-3 years)

Tuesdays 17th, 24th and 31st January 1-2.30pm on Microsoft Teams

Thursdays 2nd, 9th and 16th March 1-2.30pm on Microsoft Teams

**Primary School Age (4-11)**

Being Passionate About Parenting (4-11 years)

Mondays 16th, 23rd and 30th January 10-11.30am on Microsoft Teams

Being Passionate About Parenting with an introduction to ADHD (5-11 years)

Mondays 23rd, 30th January and 6th February 6-8pm at Hayle Family Hub

Thursdays 23rd February, 2nd and 9th March 10am-12pm at Redruth Family Hub

Wednesdays 8th, 15th and 22nd March 10am-12pm on Microsoft Teams

Being Passionate About Parenting with an introduction to the Spectrum (5-11 years)

Tuesdays 17th, 24th and 31st January 10am-12pm at Redruth Family Hub

Wednesdays 22nd February, 1st and 8th March 10am-12pm at Hayle Family Hub

Tuesdays 7th, 14th and 21st March 6-8pm on Microsoft Teams

**Secondary School Age (12-17)**

Being Passionate About the Teenage Brain (12-17 years)

Mondays 6th, 13th and 20th March 1-2.30pm on Microsoft Teams

Take 3 – Supporting Teenagers (12-17 years)

Tuesdays 10th January – 21st March (excluding half term) 5.30-7.30pm at Hayle Family Hub

Wednesdays 1st February – 8th March (excluding half term) 6-8pm on Microsoft Teams

Living with Parents (12-17 years)

Friday 24th March 9.30am-2.30pm at Hayle Family Hub

**COMING SOON – Dates to be confirmed**

Introduction to Teenagers with Traits of ADHD

Introduction to Teenagers with Autistic Traits

Introduction to Sensory Challenges for Teenagers

These will be 2 ½ hour workshops facilitated virtually on Microsoft Teams. These sessions will be available to parents who have completed the Take 3 parenting support programme.