



St Erth PE Curriculum Map

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
REAL PE Themes		Unit 1 - Personal	Unit 2 - Social	Unit 3 - Cognitive	Unit 4 - Creative	Unit 5 - Physical	Unit 6 – Health & Fitness
EYFS		Unit 1 – Personal FUNS: One leg balance; Footwork	Unit 2 – Social FUNS: Seated balance; Jumping & landing	Unit 3 – Cognitive FUNS: Stance; dynamic balance on a line	Unit 4 – Creative FUNS: Ball skills; counter balance	Unit 5 – Applying Physical FUNS: Sending & receiving; reaction & response Swimming	Unit 6 – Health & Fitness FUNS: Ball chasing; floor work
Year 1&2		Unit 1 – Personal FUNS: One leg balance; Footwork	Unit 2 – Social FUNS: Seated balance; Jumping & landing	Unit 3 – Cognitive FUNS: Stance; dynamic balance on a line	Unit 4 – Creative FUNS: Ball skills; counter balance	Unit 5 – Applying Physical FUNS: Sending & receiving; reaction & response	Unit 6 – Health & Fitness FUNS: Ball chasing; floor work
		Dance – PE planning		Swimming		Athletics – PE planning	
Year 3&4	Cycle A	Unit 1 – Personal FUNS: one leg balance; Footwork	Unit 2 – Social FUNS Seated balance; Jumping and landing	Unit 3 – Cognitive FUNS: Balance on a line; Ball skills	Unit 4 – Creative FUNS: Sending and receiving; counter balance	Unit 5 – Applying Physical FUNS: Reaction & response; floor work	Unit 6 – Health & Fitness FUNS: Ball chasing, Stance
		Basketball	Hockey Swimming	Dance	Gymnastics	Tennis	Cricket
	Cycle B	Unit 1 – Personal FUNS: one leg balance; Footwork	Unit 2 – Social FUNS Seated balance; Jumping and landing	Unit 3 – Cognitive FUNS: Balance on a line; Ball skills	Unit 4 – Creative FUNS: Sending and receiving; counter balance	Unit 5 – Applying Physical FUNS: Reaction & response; floor work	Unit 6 – Health & Fitness FUNS: Ball chasing, Stance
		Netball	Tag Rugby Swimming	Orienteering	Tennis	Rounders	Athletics
	Cycle A	Core PE – Unit 1 Cognitive	Core PE – Unit 2 Creative	Core PE – Unit 3 Social	Core PE – 4 Applying Physical	Core PE – Unit 5 Social	Core PE – Unit 6 Personal



Year 5&6		FUNS: Ball skills; reaction & response	FUNS: Balance on a line; counter balance	FUNS: Stance; Footwork	FUNS: Seated balance; floorwork	FUNS: Jumping & landing; one leg balance	FUNS: Sending & receiving, ball chasing
		Basketball	Hockey Swimming	Dance	Gymnastics	Tennis	Cricket
	Cycle B	Core PE – Unit 1 Cognitive FUNS: Ball skills; reaction & response	Core PE – Unit 2 Creative FUNS: Balance on a line; counter balance	Core PE – Unit 3 Social FUNS: Stance; Footwork	Core PE – 4 Applying Physical FUNS: Seated balance; floorwork	Core PE – Unit 5 Social FUNS: Jumping & landing; one leg balance	Core PE – Unit 6 Personal FUNS: Sending & receiving, ball chasing
		Netball	Tag Rugby Swimming	Orienteering	Tennis	Rounders	Athletics
	Sport Specific	Scheme					
	Swimming	Swim England Scheme of Work delivered by trained instructors at Penzance Leisure Centre					
	Games KS2 & Dance KS1	PE planning schemes of work					

Year	Additional Offer
EYFS	Balance-a-bility
Y1	Hayle Cluster Multiskills Festival Beach day with Surf Lifesaving Hayle
Y2	Cape Cluster Multiskills Festival Beach day with Surf Lifesaving Hayle
Y3&Y4	Football Club Rounders Club Rounders fixtures Netball club Netball fixtures Football fixtures – Yr 3&4 and Girls only, as well as being part of whole school squad Surf Lifesaving Hayle – Surf sessions Dance Club Cross country races



Y5&Y6	Football Club Football fixtures – Girls only fixtures and 1 st team Rounders Club Rounders fixtures Netball club Netball fixtures Play Leaders training Bikeability training (x2 half-day & x1 whole day sessions) Outdoor adventure activities through residential trip (3 days) Surf Lifesaving Hayle – Surf sessions Top up swimming year 6 – where required Golf sessions with West Cornwall golf club
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