



### St Erth School PSHE Curriculum Map

Relationships (online safety included, but indicated separately on plan), Health, Living in the wider world Online Safety

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Lesson 1: Welcome to school  Lesson 2: Emergencies and getting help	Lesson 1: People who care for us  Lesson 2: Rights, responsibilities and respect	Lesson 1: Healthy friendships  Lesson 2: Our bodies and boundaries	Lesson 1: Our health  Lesson 2: Healthy food choices	Lesson 1: We all have feelings  Lesson 2: Good and not so good feelings	
Year 2	Lesson 1: Respecting uniqueness  Lesson 2: Our communities	Lesson 1: Everyday safety	Lesson 1: learning about work  Lesson 2: Basic first aid	Lesson 1: Horrible hands (Infection)	Lesson 2: Big feelings	Lesson 1: Keeping our teeth healthy
Online Safety Taught each year to year 1&2 together	Lesson 1: Understand what personal information is and why we keep personal information private.  Lesson 2: Why is it important to respect people?	Lesson 1: Pause for people. Getting offline  Lesson 2: How technology makes you feel	Lesson 1: Why do websites want personal information?  Lesson 2: Identify where to go for help and support when concerned.	Lesson 1: What to do if something upsets us online.  Lesson 2: What are the dangers of sharing photos online?	Lesson 1: People are not always who they say they are when online and keep personal information private.  Lesson 2: Why is it important to be responsible on the internet?	Lesson 2: safety in my online neighbourhood.  Lesson 2: Internet traffic light
Content in year 3&4 is organised into 2 yearly cycles to ensure that, over a 2 year period in the class, all pupils will receive the content requires in years 3&4. Some lessons are revisited each year where appropriate. Such as, 'Sun Safety.'						
Year 3 & 4 Cycle A	Lesson 1: World of work  Lesson 2: Spending and saving money  Lesson 3: Device free moments	Lesson 1: Road safety  Lesson 2: Teamwork Skills  Lesson 3: Who is your online community?	Lesson 1: Physical activity  Lesson 2: Drugs  Lesson 3: Digital trails	Lesson 1: Everyday feelings  Lesson 2: Let's give credit.	Lesson 1: Expressing feelings  Lesson 2: Strategies to support positive mental well-being.  Lesson 3: That's private!	Lesson 1: Sun Safety  Lesson 2: Putting a stop to online meanness!
Year 3 & 4 Cycle B	Lesson 1: What makes a good friend?  Lesson 2: Respecting others  Lesson 3: Your rings of responsibility	Lesson 1: Resolving conflict and managing negative pressure  Lesson 2: Our digital citizenship pledge.	Lesson 1: Money choices  Lesson 2: Everyday life and basic first aid  Lesson 3: This is me!	Lesson 1: Volunteering and citizenship.  Lesson 2: Is seeing believing?	Lesson 1: Managing feelings  Lesson 2: Password power up.	Lesson 1: The environment  Lesson 2: The power of words.
Content in year 5&6 is organised into 2 yearly cycles to ensure that, over a 2 year period in the class, all pupils will receive the content requires in years 5&6. Some lessons are revisited each year where appropriate. Such as, 'Changes from Primary to Secondary School.'						
Year 5 & 6 Cycle A	Lesson 1: Diverse communities  Lesson 2: Respectful relationships  Lesson 3: My media choices	Lesson 1: Illness  Lesson 2: Nutrition and healthy eating  Lesson 3: Keeping games fun and healthy.	Lesson 1: Puberty – bodies and reproduction  Lesson 2: Puberty – changes  Lesson 3: Our online tracks.	Lesson 1: Mental health and keeping well  Lesson 2: A creator's rights and responsibilities.	Lesson 1: Managing challenges and change  Lesson 2: Private and personal information.	Lesson 1: Risk and Peer Pressure  Lesson 2: Be a super digital citizen.
Year 5 & 6 Cycle B	Lesson 1: Different types of families  Lesson 2: Healthy and harmful relationships  Lesson 3: Finding my media balance.	Lesson 1: Keeping your body safe  Lesson 2: Consent  Lesson 3: Digital friendships	Lesson 1: Spending decisions  Lesson 2: Beyond gender stereotypes	Lesson 1: Exploring risk in relation to gambling  Lesson 3: Reading news online	Lesson 1: Feelings and common anxieties when changing schools  Lesson 3: You won't believe this	Lesson 1: Changes from primary to secondary school  Lesson 2: Is it cyberbullying?

