

June 2023

Dear Parents

Shifting Horizons CIC is a not-for-profit company established in 2009 and based in West Cornwall. We deliver **Beach and Forest School programmes** to children and young people, which facilitate positive personal development and behavioural change. We have successfully worked with local Primary and Secondary schools and young people Out of School who are NEET. Our track record shows a consistent rate of high-level outcomes.

Over the past 8 years we have worked successfully with several Penwith schools (St. Erth Community Primary, St. Mary's C of E, Pensans, St Just, Penpol, Humphry Davy, Mounts Bay Academy and Cape Cornwall School).

We are a small team of experienced Level 3 Forest School Leaders with local teaching backgrounds. Peaira Hussain who has been a primary teacher for over 20 years and is a Thrive practitioner. Sarah Van Horn who has been a science teacher for over 20 years, managed the local Short Stay School (PRU) for 4 years and worked within the safeguarding team at MBA.

Our recent forest school programmes have supported groups of students at Key Stage 1 and 2 and those who have recently transitioned to KS 3. Some of these programmes have been part funded by grant awarding bodies e.g Children in Need, Ernest Cook Trust, Young Minds and Cornwall Community Funding, and some have been funded using pupil premium.

We work within the Godolphin Estate and Trengwaiton Gardens that are owned by the National Trust.

Before any young person attends one of our projects we meet with senior staff and often class teacher/SEN. This is to ensure we have a full picture of the children. We ask schools to complete a school referral form and parent consent forms are collected. To ensure clear communication we always ensure that we arrive early and make sure children are safely returned to class.

We also complete a detailed observation sheet on each participant which is shared with key staff via Dropbox. This records progress in the following areas; confidence and self-esteem, cooperation, communication, self care and management and engagement with the environment. By monitoring these skill areas we can assess the impact of the sessions on groups and individuals.

If you are interested in finding out more about please contact us or visit us online at www.Shiftinghorizonscic.com

And https://www.facebook.com/Shiftinghorizons, for a visual explanation of our work.

Yours sincerely,

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