



St Erth PE Curriculum Map

		Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
REAL PE Themes		Unit 1 - Personal	Unit 2 - Social	Unit 3 - Cognitive	Unit 4 - Creative	Unit 5 - Physical	Unit 6 – Health & Fitness
EYFS		Unit 1 – Personal FUNS: One leg balance; Footwork	Unit 2 – Social FUNS: Seated balance; Jumping & landing	Unit 3 – Cognitive FUNS: Stance; dynamic balance on a line	Unit 4 – Creative FUNS: Ball skills; counter balance	Unit 5 – Applying Physical FUNS: Sending & receiving; reaction & response Swimming	Unit 6 – Health & Fitness FUNS: Ball chasing; floor work
Year 1&2	Cycle A	Unit 1 – Personal FUNS: One leg balance; Footwork	Unit 2 – Social FUNS: Seated balance; Jumping & landing	Unit 3 – Cognitive FUNS: Stance; dynamic balance on a line	Unit 4 – Creative FUNS: Ball skills; counter balance	Unit 5 – Applying Physical FUNS: Sending & receiving; reaction & response	Unit 6 – Health & Fitness FUNS: Ball chasing; floor work
		Dance	Fitness	Swimming – Y2	Swimming - Y1	Athletics	Rounders
				Gymnastics	Tag Rugby		
	Cycle B	Unit 1 – Personal FUNS: One leg balance; Footwork	Unit 2 – Social FUNS: Seated balance; Jumping & landing	Unit 3 – Cognitive FUNS: Stance; dynamic balance on a line	Unit 4 – Creative FUNS: Ball skills; counter balance	Unit 5 – Applying Physical FUNS: Sending & receiving; reaction & response	Unit 6 – Health & Fitness FUNS: Ball chasing; floor work
		Fitness	Netball	Swimming – Y2	Swimming – Y1	Tennis	Cricket
				Gymnastics	Basketball		
Year 3&4	Cycle A	Unit 1 – Personal FUNS: one leg balance; Footwork	Unit 2 – Social FUNS Seated balance; Jumping and landing	Unit 3 – Cognitive FUNS: Balance on a line; Ball skills	Unit 4 – Creative FUNS: Sending and receiving; counterbalance	Unit 5 – Applying Physical FUNS: Reaction & response; floor work	Unit 6 – Health & Fitness FUNS: Ball chasing, Stance
		Basketball	Hockey Swimming	Dance	Gymnastics	Tennis	Cricket



Year 5&6	Cycle B	Unit 1 – Personal FUNS: one leg balance; Footwork	Unit 2 – Social FUNS Seated balance; Jumping and landing	Unit 3 – Cognitive FUNS: Balance on a line; Ball skills	Unit 4 – Creative FUNS: Sending and receiving; counterbalance	Unit 5 – Applying Physical FUNS: Reaction & response; floor work	Unit 6 – Health & Fitness FUNS: Ball chasing, Stance
		Netball	Tag Rugby Swimming	Orienteering	Tennis	Rounders	Athletics
	Cycle A	Core PE – Unit 1 Cognitive FUNS: Ball skills; reaction & response	Core PE – Unit 2 Creative FUNS: Balance on a line; counter balance	Core PE – Unit 3 Social FUNS: Stance; Footwork	Core PE – 4 Applying Physical FUNS: Seated balance; floorwork	Core PE – Unit 5 Social FUNS: Jumping & landing; one leg balance	Core PE – Unit 6 Personal FUNS: Sending & receiving, ball chasing
		Basketball	Hockey Swimming	Dance	Gymnastics	Tennis	Cricket
	Cycle B	Core PE – Unit 1 Cognitive FUNS: Ball skills; reaction & response	Core PE – Unit 2 Creative FUNS: Balance on a line; counterbalance	Core PE – Unit 3 Social FUNS: Stance; Footwork	Core PE – 4 Applying Physical FUNS: Seated balance; floorwork	Core PE – Unit 5 Social FUNS: Jumping & landing; one leg balance	Core PE – Unit 6 Personal FUNS: Sending & receiving, ball chasing
		Netball	Tag Rugby Swimming	Orienteering	Tennis	Rounders	Athletics
	Sport Specific		Scheme				
	Core PE		Real PE scheme				
	Swimming		Swim England Scheme of Work delivered by trained instructors at St Ives Leisure Centre				
	Games KS2 & Dance KS1		PE planning schemes of work				

Year	Additional Offer
EYFS	Balance-ability
Y1/2	Hayle Cluster Multi skills Festival Beach day with Surf Lifesaving Hayle Dance club instructor lessons- block of 6 Penzance gymnastics club- 6 week block Cape Cluster Multi skills Festival Beach day with Surf Lifesaving Hayle
Y3&Y4	Football Club Rounders Club Rounders fixtures



	Netball club Netball fixtures Football fixtures – Yr 3&4 and Girls only, as well as being part of whole school squad Surf Lifesaving Hayle – Surf sessions Dance Club/ Dance instructor lessons Cross country races Tennis- Penzance tennis club 6 week block Cornish Pirates 6 week block
Y5&Y6	Football Club Football fixtures – Girls only fixtures and 1st team Rounders Club Rounders fixtures Netball club Netball fixtures Play Leaders training Bikeability training (x2 half-day & x1 whole day sessions) Outdoor adventurous activities through residential trip (3 days) Surf Lifesaving Hayle – Surf sessions Top up swimming year 6 – where required Golf sessions with West Cornwall golf club Hayle Gig rowing club experience day Cornish pirates 6 week block