

'I was a primary teacher (mid management) for over 25 years. I was a private tutor for 3 years. I am a qualified meditation teacher. I have lead all subjects (maths leader) and my last role was PE and PSHCE. I am currently part of the management team of Read Easy Cornwall and a coach. Read Easy is a charity that helps adults who have reading difficulties. I am the Local Connect for West Cornwall. I promote Read Easy Cornwall in the West and find venues for free reading sessions. I coach adults in developing their reading.'