



St Erth PE Curriculum

KS2 games curriculum

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 3&4 Cycle A	<p>Basketball Intent: Children will learn to pass/send a ball with increasing accuracy. To find and use space well to keep possession. To move with the ball keeping it under control. To apply basic attacking and defending principles. To pass the ball in different ways. To play in small sided games, employing simple tactics.</p> <p>Sequence of learning:</p> <ol style="list-style-type: none"> 1. Introduction to Basketball. 2. Ball skills 3. Passing 4. Shooting 5. Simple games 6. Application and assessment. <p>Vocabulary Shoot, Rules, Chest/Bounce pass, Improve, Dribbling, Foul / Hold, Possession, Speed, Power, Set shot, Technique, Double Dribble</p>	<p>Hockey Intent: Children will learn to hold a hockey stick correctly and safely. To dribble a ball whilst changing direction. To use a push pass. To use a slap pass. To get on a low position when dribbling and/or passing. To play hockey games against others.</p> <p>Sequence of learning:</p> <ol style="list-style-type: none"> 1. Introduction to Hockey. 2. Stick and ball familiarisation 3. Dribbling 4. Passing 5. Shooting 6. Application and assessment <p>Vocabulary Communicate, Cooperation, Defence, Marking, Possession, Power, Strike, Support, Tackle, Opposition, Avoiding, Recover, React, Attack, Defend, First touch</p>	<p>Dance Intent: Children will learn to, perform dances using a range of movement patterns. Create, practice and perform more complex dances. Link movement patterns together. Perform as various characters when moving to music. Work on your own, with a partner and in a group. Communicate feeling through Dance.</p> <p>Sequence of learning:</p> <ol style="list-style-type: none"> 1. Introduction to dance 2. Performing in character 3. Building the dance 4. To the beat 5. Group choreography 6. Performance <p>Vocabulary Performance, Phrase, Control, Emotions, Timing, Expressions, Rehearse, Rhythm, Unison, Canon, Choreography, Fluency, Health & Fitness, Pose, Routine</p>	<p>Gymnastics Intent: Children will learn to perform 9 key shapes. To create sequences of movements, shapes, balances, and rolls. To travel using different body parts. To work with others mirroring and cannoning. To travel on different levels at different speeds. To perform in front of others.</p> <p>Sequence of learning:</p> <ol style="list-style-type: none"> 1. Travelling 2. Rolls, shapes & balances 3. Rolls & Partner balances 4. Jumps 5. Group sequences & routine development. 6. Performance <p>Vocabulary Combination, Teamwork, Plank, Rhythm, Rotation, Drive, Communication, Controlled, Tuck, Cushion, Transition, Momentum, Purpose, Rebound, Develop, Sequence</p>	<p>Tennis Intent: Children will learn to watch, track, and catch a tennis ball successfully. To hit a ball into space (at different speeds and heights) to try beat an opponent. To perform a basic forehand action with increasing accuracy. To keep a rally going using a range of shots. To perform a basic backhand shot with increasing control. To compete with others.</p> <p>Sequence of learning:</p> <ol style="list-style-type: none"> 1. Introduction to Tennis 2. Ball and Racket Familiarisation 3. Receiving skills 4. Cooperative rallies 5. Simple games 6. Application and assessment. <p>Vocabulary Swing, Cooperative, Cooperative, Movement, Partner, Direction, Send, Catch, Court target, Power, Accuracy, Space, Free Space, Control, Bounce, Aim</p>	<p>Cricket Intent: Children will learn to throw a ball with increasing accuracy. Hit a ball towards the target. Catch a ball with increasing control. Choose fielding skills to make it difficult for an opponent. Successfully hit a ball from a tee. Participate in modified competitive games, showing good teamwork.</p> <p>Sequence of learning:</p> <ol style="list-style-type: none"> 1. Introduction to Cricket 2. Fielding – throwing & catching 3. Batting – hitting into space 4. Bowling – underarm 5. Tournament 6. Application and assessment <p>Vocabulary Fielding, Fielder, Wickets, Communication, Striking, Teamwork, Underarm, Wicket keeper, Skill, Technique, Points, Swing, Tournament, Compare, Evaluate, Free Space</p>
Year 3&4 Cycle B	<p>Netball Intent: Children will learn to pass/send a ball with increasing accuracy. To find and use space well to keep possession. To move</p>	<p>Tag Rugby Intent: Children will learn to travel with the ball. To defend by removing a player's tag. To keep a horizontal line with others</p>	<p>Orienteering Intent: To work cooperatively as part of a team. To understand different points on a map.</p>	<p>Tennis Intent: Children will learn to watch, track, and catch a tennis ball successfully. To hit a ball into space (at</p>	<p>Rounders Intent: Children will learn to throw a ball with increasing accuracy. To hit a ball towards a target.</p>	<p>Athletics Intent: To throw an object by overarm, underarm, pulling, pushing and slinging. To run in races of varied distances. To</p>



	<p>with the ball keeping it under control. To apply basic attacking and defending principles. To pass the ball in different ways. Play in small sided games, employing simple tactics.</p> <p>Sequence of learning:</p> <ol style="list-style-type: none"> 1. Introduction to Netball 2. Ball skills 3. Passing 4. Shooting 5. Simple games 6. Application and assessment <p>Vocabulary Space, Control, Speed, Direction, Passing, Pass, Chest Pass, Bounce Pass, Mark, Teamwork, Aim, Accuracy, Possession, Shoot, Power, Score, Accuracy, Power, Rules, Technique</p>	<p>when running. To work together with others. To catch the ball whilst on the move. To play games against others that require tactics to be used to try score.</p> <p>Sequence of learning:</p> <ol style="list-style-type: none"> 1. Ball control and working as a team 2. Accurate passing & catching in a team. 3. Attacking 4. Defending & tagging 5. Circuit – skills & tactics 6. Application & assessment through competition. <p>Vocabulary Avoid, Tag, Backwards, Cover, Pass, Share, Accuracy, Target, Defend, Mark, Agility, Pocket Pass, Attack, Dummy, Speed, Lift</p>	<p>To communicate effectively with others. To make a map. To participate in team games solving problems with others. To take part in an orienteering event.</p> <p>Sequence of Learning:</p> <ol style="list-style-type: none"> 1. Problem solving 2. Teamwork 3. Map skills 4. Indoor mapping 5. Picture orienteering 6. Control plotting <p>Vocabulary Teamwork, Map Skills, Indoor mapping, Picture Orienteering, Control Plotting, Communication, Problem Solving</p>	<p>different speeds and heights) to try beat an opponent. To perform a basic forehand action with increasing accuracy. To keep a rally going using a range of shots. To perform a basic backhand shot with increasing control. To compete with others.</p> <p>Sequence of learning:</p> <ol style="list-style-type: none"> 1. Introduction to Tennis 2. Cooperative rallies 3. Court targets 4. Rules of mini tennis 5. Single games 6. Application and assessment <p>Vocabulary Swing, Aim, Cooperative play, Movement, Partner, Direction, Send, Position, Court target, Power, Accuracy, Direction, Free Space, Control, In line, Racket</p>	<p>To catch a ball with increasing control. To choose fielding skills to make it difficult for an opponent. To successfully hit a ball from a tee. To participate in modified competitive games, showing good teamwork.</p> <p>Sequence of learning:</p> <ol style="list-style-type: none"> 1. Introduction to rounders 2. Fielding – catching and throwing 3. Batting – hitting into space 4. Bowling – underarm 5. Tournament 6. Application and assessment <p>Vocabulary Throwing, Fielding, Catching, Power, Get in line, Communication, Accuracy, Technique, Batting, Score, Aiming, Space, Target, Long Barrier</p>	<p>combine different types of jumping. To take part in athletic events. To run for distance. To perform competitively with others.</p> <p>Sequence of learning:</p> <ol style="list-style-type: none"> 1. Introduction to Athletics 2. Running 3. Jumping 4. Throwing 5. Relay races 6. Application and assessment <p>Vocabulary Develop, Distance, Accelerate, Personal Best, Co-ordination, Movement, Push/Pull, Pace, Exchange, Timing, Communication, Triple Jump</p>
<p>Year 5&6 Cycle A</p>	<p>Basketball Intent: Children will learn to pass the ball in different ways with confidence and control. To keep possession of the ball when faced with opponents. To move with the ball at speed. To work together as a team, showing good awareness of others. To mark, track and cover when defending. Apply basic principles for attacking and defending in game situations.</p> <p>Sequence of learning:</p>	<p>Hockey Intent: Children will learn to play games understanding different positions and roles. To dribble a ball at speed whilst changing direction. To use different passes whilst on the move. To decide the best way to defend in a game situation. To shoot with confidence and control. To decide the best way to attack in a game situation.</p> <p>Sequence of learning:</p> <ol style="list-style-type: none"> 1. Review of Basketball knowledge and skills 	<p>Dance Intent: Children will learn to be inspired by music and different stimuli. To apply the principles of dance to a routine. To show ideas through dance. To combine movements – keeping to the beat. To create sections of dance on your own, and in a group. To perform to an audience.</p> <p>Sequence of learning</p> <ol style="list-style-type: none"> 1. Introducing the dance 2. Question & answer 3. Canon & unison 	<p>Gymnastics Intent: Children will learn to show flexibility and technique when performing gymnastic elements. To create longer sequences. To travel fluently on the floor and on/off apparatus. To show rhythm and creativity when working with others. To travel with confidence choosing different pathways. To perform in front of an audience.</p> <p>Sequence of learning</p> <ol style="list-style-type: none"> 1. Travelling 	<p>Tennis Intent: Children will learn to know and describe the correct grip and stance when holding a racket. To adopt a good ready position. To use a variety of different shots, and serves, hitting with increased consistency. To employ tactics in games. To play shots on the forehand and backhand side of the body. To follow the rules and score correctly.</p> <p>Sequence of learning</p>	<p>Cricket Intent: Children will learn to throw and bowl in different ways. To use skills and tactics to outwit opponents when fielding. To play shots into different areas of the field. To use skills and tactics to outwit opponents when batting. To retrieve, catch, intercept, and stop a ball when fielding. To participate in competitive games.</p> <p>Sequence of learning:</p> <ol style="list-style-type: none"> 1. Review of Cricket knowledge & skills



	<ol style="list-style-type: none"> Review of basketball knowledge and skills Ball control – dribbling Passing Team play Tournament Application and assessment <p>Vocabulary Awareness, Management, Decision Making, Attack/Defend, Principles, Positions, Performance, Plays</p>	<ol style="list-style-type: none"> Dribbling Attacking play Defending play Tournament Application and assessment <p>Vocabulary Indian Dribbling, Close down, Cover. Track. Block. Slap Pass Decision Making, Possession, Principles, Evaluate, Discuss, Explore</p>	<ol style="list-style-type: none"> Confidence & timing Group choreography Performance <p>Vocabulary Imaginative, Emotive, Expressive, Rehearse, Choreography, Pace, Question & Answer, Confidence, Experiment, Formation, Intensity</p>	<ol style="list-style-type: none"> Rolls, shapes & balances Partner balances Jumps Group work & routine development Performance <p>Vocabulary Finesse, Humorous, , Fluency, Transition, Lunge, Pathway, Purpose, Creativity, Combination, Posture, Competition, Pathway, Formation, Chasse, Tension, Symmetry, Base/ top, Transition, Combine, Rebound, Rhythm, , Flight, </p>	<ol style="list-style-type: none"> Review of Tennis knowledge & skills Cooperative rallies Court targets Simple games Competitive minigames Application and assessment <p>Vocabulary Court Target, Backhand, Rally, Power, Service, Cooperative, Competitive, Follow through, Respond, Decision Making, Teamwork, Doubles, Feedback, Position</p>	<ol style="list-style-type: none"> Fielding – tactics Bowling – tactics Batting – tactics Tournament Application and review <p>Vocabulary Wicket Keeper, Crease, Outfield, Fast bowl, Technique, Quality, Run up, Tournament, Awareness, Bowling, Tactics, Straight drive, Block, Bowled out</p>
Year 5&6 Cycle B	<p>Netball Intent: Children will learn to pass the ball in a variety of ways with confidence and control. To keep possession of the ball when faced with opponents. To move with the ball at speed. To work together as a team, showing good awareness of others. To mark, track and cover when defending. To apply attacking and defending skills in game situations.</p> <p>Sequence of learning:</p> <ol style="list-style-type: none"> Review of Netball knowledge and skills Passing Attacking play Defending play Tournament Application and assessment <p>Vocabulary</p>	<p>Tag Rugby Intent: Children will learn to travel at speed with the ball. To watch and evaluate the professional game. To dodge and fake passes when running with the ball. To decide on ways to attack when playing games. To catch the ball whilst under pressure. To decide on the best ways to defend in games.</p> <p>Sequence of learning:</p> <ol style="list-style-type: none"> Coordination, control & cooperation. Cooperation with team mates to pass and move. Attacking and tagging Defending Circuit – skills & tactics Competition & assessment. <p>Vocabulary</p>	<p>Orienteering Intent: Children will learn to build confidence during team activities. To develop map reading skills and confidence. To work within my team, communicating, trusting and valuing each other. To develop map building skills. To plan strategies to complete tasks. To complete an orienteering event.</p> <p>Sequence of learning:</p> <ol style="list-style-type: none"> Review of knowledge & problem solving Teamwork Picture orienteering Indoor mapping Single control event Control plotting <p>Vocabulary Teamwork, Map Skills, Indoor mapping, Picture Orienteering, Control Plotting, Communication, Problem Solving</p>	<p>Tennis Intent: Children will learn to know and describe the correct grip and stance when holding a racket. To adopt a good ready position. To use a variety of different shots, and serves, hitting with increased consistency. To employ tactics in games. To play shots on the forehand and backhand side of the body. To follow the rules and score correctly.</p> <p>Sequence of learning:</p> <ol style="list-style-type: none"> Review of tennis knowledge & skills Cooperative rallies Court targets Single games Mini competitive games Application & assessment. 	<p>Rounders Intent: Children will learn to throw a ball and bowl in different ways. To use skills and tactics to outwit opponents when fielding. To play shots into different spaces of the field. To use skills and tactics to outwit opponents when batting. To retrieve, catch, intercept and stop a ball when fielding. To participate in competitive games.</p> <p>Sequence of learning:</p> <ol style="list-style-type: none"> Review of rounders knowledge & Skills Fielding tactics Bowling Batting tactics Tournament Application and assessment <p>Vocabulary Umpire, Tournament, Tactics, Stance, Infield,</p>	<p>Athletics Intent: Children will learn to use the correct combination of jumps to complete the triple jump. To use a run up when throwing. To compete in long distance running. To practise to improve throwing distance. To compete in short distance races. To use a run up when jumping.</p> <p>Sequence of learning</p> <ol style="list-style-type: none"> Review of Athletics skills & Knowledge Run for speed Throwing for distance Jumping for distance Mini Olympics Assessment <p>Vocabulary Evaluate, Feedback, Power, Cooperate, Fling,</p>



	Position, Evaluate, Direction, Heart rate, Power, Accuracy, Muscles, Technique, Decision making, Opponent, Teamwork, Shoot	Communicate, Effective, Accuracy, Mark/track, Attack, Defend, Tactics, Dummy		Vocabulary Strategy, Defence, Attack, Height, Travel, Positioning, On Court, React, Singles, Service, Backswing, Overhead, Selection, Respond, Evaluate	Outfield, Run, Evaluate, Feedback, Technique, Gap	Olympics, Run Up, Compare
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