

# KS1 Curriculum Sequence Spring 1 Cycle B

## Real-Life Super Heroes



## History

## Significant People: Florence Nightingale and Mary Seacole

In this unit we will learn about Florence
Nightingale and Mary Seacole.
We will discover that Florence Nightingale
is one of Britain's most famous historical
figures. We will learn about her remarkable
life, from her youth, her famous voyage to
Scutari, and the work she did there, as wel
as the work she did in her later years to
improve nursing and hospital care.

We will also learn that Mary Seacole was an incredible Black woman who was lost to history for over 100 years. We will find out how this inspiring woman, born to a Jamaican mother and British father, battled against racism to do things in her life that will now be remembered forever.

## Key Question:

- 1. Who is Florence Nightingale and when did she live?
- 2. Why did Florence go to Scutari and what was the hospital like?
- 3. How did Florence improve conditions at the hospital?
- 4. What was Florence's later life like?
- 5. Who is Mary Seacole?
- 6. Was Mary always treated fairly?
- 7. How did Mary help in the Crimea?
- 8. How should we remember and cele brate Florence and Mary today?

#### Vocabulary

Time line, chronological, Victorians, century, past, Scutari, Crimea, honoured, memorial, racism, commemorate

## Outdoor Learning

Walk around the village.

What has changed since we did this walk in September?

Wellies needed!

## Science

#### Animals Including Humans

In this unit, we will look at animal young and compare them to their adults. We will look at how animals change as they grow up and be introduced to the life cycles of several common animals, including humans. We will learn how humans change as they grow older and be introduced to the three basic needs of animals for survival (water, food and air). The unit ends with us looking at healthy lifestyles, including the importance of exercise, healthy eating and hygiene. This will link to what we have been learning in History and PSHE.

#### Sequence of Learning

Step 1: Identify and name a variety of common animals.

Step 2: Describe an compare the structure of common animals.

Step 3: Identify and name common animals that are carnivores, omnivores and herbivores.

Step 4: Sort and group young to their adult.

Step 5: Lifecycles. How do animals change as they grow into adults?

Step 6: What do animals including humans, need to survive?

Step 7: What are the effects of exercise on the human body?

Step 8: What is the importance of healthy eating and hygiene?

## Vocabulary

Diet, exercise, offspring, lifecycle, omnivore, carnivore, herbivore, mammal, bird, fish, reptile, amphibians, insects, hygiene, survive.

## PSHE: Online Safety

## Sequence of Lessons:

- . Why do websites want personal information?
- 2. Where to go for help and support when concerned.

## Computing

#### Comic Creations:

Comics are a fun way to tell a story. We will learn to use a computer to make our own comics using background pictures, characters, text and stickers. Making comics on computers can be quicker than making a comic on paper because all the tools and pictures are already made.

#### Sequence of Learning:

**Step 1.** Add, resize, colour or picture backgrounds using Make Beliefs Comix website.

**Step 2:** Add, resize, characters/objects to different panels.

**Step 3:** Add narration using text and direct speech using speech bubbles.

**Step 4:** Print comic with name and title.

## Vocabulary

Panel, narration, sticker, background, character, scale, arrange, flip

## PSHE: Yr 1

## Sequence of Lessons:

- . Healthy Friendships
- 2. Our Bodies and Boundaries

## PSHE: Yr 2

## Sequence of Lessons:

- . Learning about work
- 2. Horrible Hands (infections)





## Enhancement Lessons

## What does it mean to belong to a faith community?

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We will learn what it means to belong to different faith communities; particularly focussing on Christians and Muslims. We will learn how Christians and Muslims celebrate traditional ceremonies and learn about what different actions and symbols used during these ceremonies mean.

### Sequence of Lessons:

- 1.What did Jesus and one other religious leader taught about loving other people?
- 2. What happens at a traditional Christian and Muslim Welcome ceremony, and what do the actions and symbols mean?
- 3. How do people show they love each other and belong to each other when they get married?
- 4.How do people express their identity and belonging within faith communities

## Vocabulary

Faith, community, belonging, identity, Christian, Muslim, Charity

## **REAL PE Skills**

## Static Balance:

Maintaining balance on a line:

- I can walk fluidly, lifting knees up to 90°.
- 2. I can walk fluidly, lifting heels up to bottom

Maintaining balance on a low beam:

I can stand on a low beam with a good stance for 10 seconds (limited wobble).

## Roald Amundsen- Geography

Roald Amundsen was a real-life superhero! He explored some of the coldest places on Earth during the 'Heroic Age of Antarctic Exploration' **Activity:** 

Label the North and South Poles on the map, then draw pictures to go with the brief descriptions of two stages of Amundsen's expedition.

## Edward Jenner- History

We will learn about Edward Jenner, a real-life super hero whose work helped save the lives of millions!

### Activity:

Choose the correct words in a description of the life of Edward Jenner from a bank of words. Design a medal for him.

## Anthony Gormley- Super Sculptures

Look at the work of Anthony Gormley.

#### Activity:

Pipe Cleaner Mannequins

Junk Model People

Use simple shapes to make sculptures of the human form.

## Super Explorers: Amelia Earhart Junko Tabei, Laura Dekker, Sally Ride

Find out about the lives of heroic explorers and adventurers.

## Activity:

Match the objects and names shown on the cards to the explorers they have learned about .



## Chinese New Year

We will find out how Chinese New Year is celebrated in China and around the world as the Luna New Year. We will explore the story of Nian, taste traditional Chinese New Year foods, learn a fun Chinese New Year song, and enjoy other crafty and creative activities

## Sequence of Lessons:

- 1.What is the 'The Story of Nian' and how do Chinese people celebrate Chinese New Year?
- Learn 'The Story of Nian' and how Chinese New Year traditions originated. We will create Chinese lanterns, round drums, as well as exploring Chinese sayings and their symbols.
- 2.Why is the New Year story so important to Chinese people?
- We will learn 'The Chinese New Year Story' and the twelve animals that took part in the race. We will find out which animal they are and create our own Chinese New Year Story books
- 3. What special food is eaten during the New Year celebrations?
  We will taste some traditional foods that are eaten during Chinese New Year. TWe will draw pictures of the different foods and create a bar chart to show our favourite food.

#### Song:

Learn a tradition New Year song.

#### Vocabulary

Luna, characters, celebrations, traditions